



## About APPS

Building upon the Fundamentals of Hospice Palliative Care Program, this eight-week APPS course focuses on the PSWs scope of practice as it relates to the foundational concepts of Hospice Palliative Care.

Participants will learn skills to enhance communication with the person, family, and team members, develop skills required for effective team functioning and self-care, and learn strategies for relieving common end-of-life symptoms.

For more details, please review: [Content, Objectives and Expectations](#) & [Course Activity Outline](#). The APPS course content aligns with the [OPCN Palliative Care Competencies](#) for PSWs.

**Note:** *Fundamentals of HPC (or equivalent) is a pre-requisite for APPS*

### Intended Audience

APPS is designed for **PSWs & Health Care Aides** who have an interest in enhancing their knowledge and skills related to palliative and end-of-life care.

Cost: **\$50.00**  
Non-refundable

## Course Details

**Self-Directed Learning Activities - All course work / materials are online;** learners are required to use a computer, tablet, or smart phone to participate. See detailed [Technology Requirements](#)

**Classroom Sessions** are scheduled three weeks apart to allow time for online, self-directed readings/activities and applying learning to daily practice. There are two Classroom Session Options:

### Virtual

Learners connect via a link to the Virtual Classroom. ***A virtual classroom session is NOT a webinar. Learners must use a device with a microphone & camera to allow two-way communication between facilitators and peers.***

## Available Courses

Between the **Course Start Date** and the first **Classroom Session (CS)**, learners are expected to log into the learning platform to complete course readings and activities – see APPS [Course Activity Outline](#)

APPS Courses	Course Start Date	CS 1 <i>Occurs during Wk 2</i>	CS 2 <i>Occurs during Wk 5</i>	CS 3 <i>Occurs during Wk 8</i>
Virtual Classroom Session	October 10, 2024	October 17, 2024 Time: 6-9pm	November 7, 2024 Time: 6-9pm	November 28, 2024 Time: 6-9pm

For more information, contact: Erin Newman-Waller at [enewmanwaller@hospicepeterborough.org](mailto:enewmanwaller@hospicepeterborough.org)

Visit: <http://www.hospicepeterborough.org/registration/>