

## *Wishing Dr. Beamish a Happy Retirement!*

*For almost 40 years, Dr. John Beamish has played a crucial role in making Hospice Peterborough what it is today*

**Hospice Peterborough started out as a community dream. One of the earliest dreamers was Dr. John Beamish.**

Dr. Beamish was one of the founding members of Hospice Peterborough in 1988. He has served many important roles within the organization, including board member, mentor to staff, donor, and currently serves as Medical Director for Community Programs and the Hospice Residence.

In addition to a longstanding family practice, Dr. Beamish has been providing excellent palliative care to patients living in the City and County of Peterborough for more than four decades. During this time, palliative care has evolved from a discipline on the fringes of medicine, to a respected part of the care continuum. He is considered by many to be a trailblazer in the palliative field.

In the early days of Hospice Peterborough, Dr. Beamish would participate in weekly client and system reviews that resulted in not only better care for clients, but also incredible growth of Hospice and palliative supports in the community for clients and their families. His knowledge, responsiveness, good humour, and ability to empower patients with information to make their own care decisions continue to be commended today.

In addition to his legacy at Hospice Peterborough, Dr. Beamish has played an integral role in establishing community health initiatives including Ontario's Community



**Dr. John Beamish presents at Hospice Peterborough's AGM in 2018.**

Palliative On-call Physician (CPOC) group and the 360 Clinic, which provides more equitable healthcare to people who struggle to use regular services in our community. In 2021, he was awarded the Dr. S. Lawrence Librach Award for Palliative Medicine in the Community and Rotary Club of Peterborough Kawartha's Paul Harris Fellow for community service. His impact on community-focused, compassionate healthcare for all will undoubtedly live on for generations to come.

Dr. Beamish retires at the end of April 2023. **Hospice Peterborough is collecting well wishes to compile into a book to present to Dr. Beamish. The deadline for submissions is June 2, 2023. Please send your well wishes to [admin@hospicepeterborough.org](mailto:admin@hospicepeterborough.org)**

# Celebrating 4 Years in our New Home: A Timeline of our Move to 325 London



**March 7, 2019**

On this day, we received the keys to our new building! This amazing day was the result of a community vision kept alive despite unimaginable challenges and setbacks.



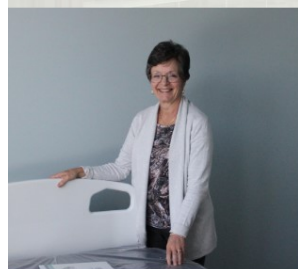
Our first week in our new home consisted of feverishly unpacking, testing new equipment and preparing for an upcoming week of celebrations, starting with an event hosted by Capital Campaign Cabinet Chair Betty Morris.

**March 14, 2019**



**March 21, 2019**

This week was full of community open houses, toasts and celebrations for staff and volunteers, orientation and training, and moving our programming while final construction continued!



On this day, we welcomed our very first clients into hospice care!

**APRIL 9, 2019**



Join Hospice Peterborough for these exciting upcoming fundraising events:

Tickets now available!

**SEASONAL SIPS**

June 1st, 2023 ~ 6:00-9:00pm

**ROLLING GRAPE VINEYARD**

Enjoy dinner, a drink, live music and views of the beautiful vineyard.

**\$85**

SUPPORTING

To purchase tickets, please visit:  
[hospicepeterborough.org/support-us](https://hospicepeterborough.org/support-us)

MUSIC PROVIDED BY:  
**Cale Crowe**



**HIKE for HOSPICE**

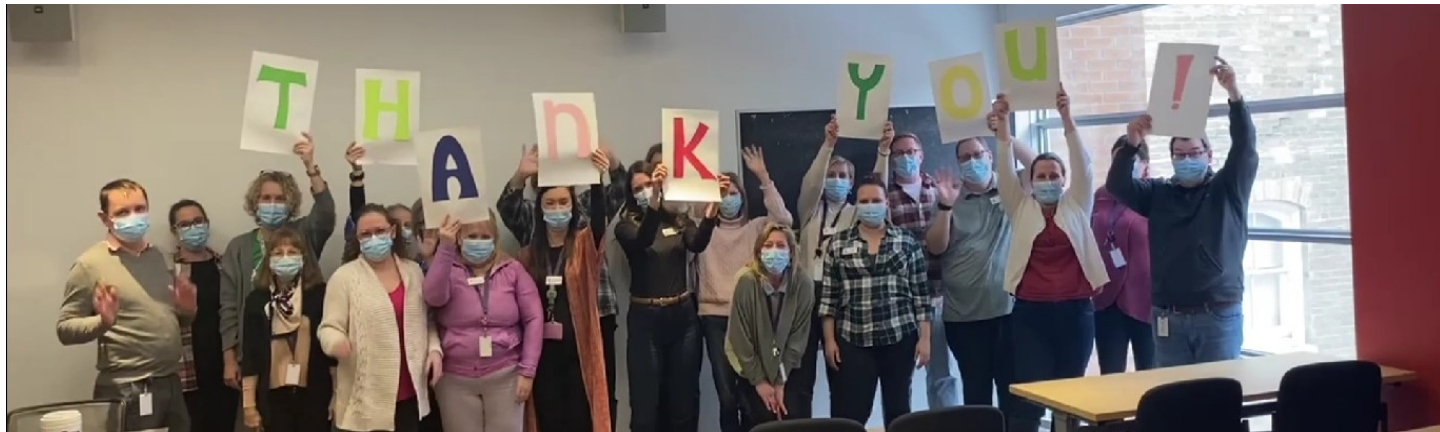
*Save the date!*

**SEPTEMBER 10 - 17, 2023**

WALK | CONNECT | REMEMBER

## Hospice says heartfelt thank you to volunteers

National Volunteer Week took place from April 16 to 22



**April 16 to 22 was National Volunteer Week, a chance to reflect on and acknowledge the impact of volunteers in our organization.**

Hospice Peterborough would not be what it is without the compassion, generosity and kindness of our over 150 incredible volunteers! From our front desk volunteers, our residence volunteers, to those supporting clients in the community, from our board members, to those who help in the garden, and so many other important roles, our

volunteers play a truly foundational role in our care.

Getting creative with their thank yous, the Hospice Peterborough staff put together a short video with heartfelt messages of thanks (see a still from this video above).

You can watch Hospice Peterborough's Volunteer Thank You video on our social media channels and on [YouTube](#). **Thank you volunteers!**

## Moving with Grief moves outdoors

**Join Hospice Peterborough's walking group outdoors as the weather warms up!**

**Starting May 8, Hospice Peterborough's Moving with Grief walking group will move outdoors.**

Moving with Grief is a community walking group for people who have experienced the death of someone they love and who would feel more comfortable sharing their grief while walking. All walking speeds are welcome! Volunteer grief companions will be available to walk with and connect participants.

Moving with Grief occurs on the 2nd and 4th Monday of each month from 2-3pm. The group will meet at Rogers Cove, near the intersection of Mark and Maria Street (pictured right).

**To confirm your spot in the group, please call or email Amy Watson, Intake Coordinator, at (705)-742-4042 ext. 251 or [awatson@hospicepeterborough.org](mailto:awatson@hospicepeterborough.org)**



Moving with Grief will meet at Roger's Cove (pictured here) on the 2nd and 4th Monday of each month.

## Sweet Flowering Yoga & Wellness raises over \$2,400 for Hospice via Karma Yoga class

Yoga studio owner Laretta Dunford chose Hospice Peterborough after her mother, Rosalie, was in care.



Laretta Dunford (far right) "tree poses" with some of our amazing residence staff: Jen, Laura, and Tannis (left to right).

A warm thank you to Laretta Dunford of Sweet Flowering Yoga and Wellness who raised over \$2,400 earlier this year through a Karma Yoga class. In a Facebook post, Laretta recently shared why she chose Hospice Peterborough for this thoughtful fundraiser (reshared with permission):

"On December 16th, 2022, my parents accepted an invitation to move my mom into Hospice Peterborough, an end-of-life care centre. My stepdad Chris had been taking care of my mom at home until that point but things were getting increasingly difficult. We leaned into the support offered within the community but there was no avoiding what this meant for my family. My mom said her final goodbye to her home. We knew she would be spending the rest of her life at Hospice.

My mom and stepdad were welcomed into Hospice with a warmth that we didn't know we needed. Our family was operating in what felt like a survival mode. We were all trying to be there for my mom and to support my stepdad anyway we could. Once my mom moved into Hospice, their skillful and compassionate staff, offered care and comfort for my mom that allowed us to be more present with her."

**Laretta, thank you so much for thinking of Hospice Peterborough and honouring your mother in this way!**

## Dr. Naheed Dosani shares his Powerful Work in Palliative Care for the Homeless on What Now? Podcast

Dr. Dosani is the founder of PEACH (Palliative Care and Education for the Homeless)

### How can we better ensure everyone in our community has access to palliative care?

In our latest podcast episode, the What Now? hosts were honoured to speak with Dr. Naheed Dosani. Dr. Dosani is a palliative physician in Toronto and founder of Palliative Education and Care for the Homeless (PEACH). The PEACH program, based out of the Inner City Health Associates (ICHA) in Toronto, provides community-based hospice palliative care to individuals regardless of their housing status or factors such as mental health, poverty or substance use.

Through their work and advocacy, the team at PEACH have challenged the status quo and brought equity to the health care system by providing palliative and hospice care directly to those living on the street.

Dr. Dosani's inspirational words and actions challenge and encourage us to see the humanity in our society's most vulnerable and oftentimes forgotten members.



DR. NAHEED DOSANI IS A PALLIATIVE PHYSICIAN IN TORONTO AND FOUNDER OF PALLIATIVE EDUCATION AND CARE FOR THE HOMELESS (PEACH).

To hear this and other recent episodes of 'What Now? On the threshold of life, death, and grief,' visit [what-now.buzzsprout.com](http://what-now.buzzsprout.com), wherever you find your podcasts, or scan the QR code below.



WHAT NOW?

- Dr. Naheed Dosani,  
Founder of PEACH  
(Palliative Education  
and Care for the  
Homeless)

## Meet Jennifer Earle, Hospice Peterborough's new Residence Manager

Jennifer brings over 25 years of experience as a staff Registered Nurse at Peterborough Regional Health Centre

### Tell us a bit about your background before coming to Hospice Peterborough?

I come from 25 years working as a staff RN and then charge nurse in perioperative services at PRHC. The past 17 years have been spent in a job I loved, the recovery room. The pandemic was a tough time for so many and working on the front lines was challenging. I needed a change and my friend told me about this position at Hospice Peterborough. I applied and things moved quickly after that. In November of 2022, I learned I was the successful applicant and made the decision to take a huge career leap.

### How are you liking the job so far?

I am thoroughly enjoying the job! When I was considering applying I came for a tour to learn more about the organization. The minute I set foot in the door I knew it was a very special place. You can just feel the love in the building. I still have so much to learn but am part of a great team in an extremely supportive environment and am taking it one day at a time.

### What has been one of the most surprising or enlightening aspects of the new job?

The most surprising thing to me about the job is learning how much Hospice Peterborough does for our community. I have been amazed about the amount of support this organization not only provides for residents and their families but also clients in our community. As well, we are so fortunate to have over 150 volunteers! They are truly amazing and an integral part of this organization.

### How do you like to spend your time when you're not at Hospice?

When I am not at Hospice I spend a lot of my time as a busy Mom to three lovely and active girls ages 20, 18 and 16. I have been happily married for almost 23 years. I love reading, gardening,



Jennifer Earle joined Hospice Peterborough in January 2023, after over 25 years with Peterborough Regional Health

spending time with family/friends and walking my sweet golden retriever, Titan.



"The minute I set foot in the door I knew it was a very special place. You can just feel the love in the building."

- Jennifer Earle,  
Residence Manager,  
Hospice Peterborough



## Future Fund

To make your lasting impact, talk to us about your legacy.

### Support Hospice Peterborough

**YES, I want to support vital hospice palliative care!**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Amount:

\$50     \$75     \$100     \$200     Other: \_\_\_\_\_

I would like to make my gift by:

Cheque (payable to Hospice Peterborough)

Visa                       MasterCard                       AMEX

One-time donation                       Monthly donation

Card #: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ CVV: \_\_\_\_\_

I would like to be an anonymous donor

This gift is in memory of: \_\_\_\_\_

**Please contact me to discuss my legacy gift to Hospice Peterborough.**

For your safety, and the safety of our residence and staff, please consider donating online, or through the mail. We appreciate your understanding.

**Registered Charity No. 11947 8964 RR0001** Tax receipts will be issued for donations of \$20 or more.

**Donate online at [hospicepeterborough.org](http://hospicepeterborough.org) Or mail to 325 London St Peterborough, ON K9H 2Z5**

**THANK YOU! Donors make our care possible!**



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