

HOSPICE Highlighter



APRIL 2017

APRIL 16 National Advance Care Planning Day

Composite story written by John Mowry based on his experiences working with families at end-of-life.



My sister, brother and I sat in silence in the “family room.” The doctor had explained that Dad had suffered a life-threatening stroke and decisions needed to be made as to how Dad would want to be treated. “Would he want to be treated aggressively or would he want to be kept comfortable?” My sister looked at me and said, “How would we know what Dad would want? Isn’t the doctor supposed to know what is best for a patient?”

At which point my brother jumps in with, “Why are we even being asked about this? Dad would definitely want everything possible done. This is crazy! The doctor asked if Dad has an ‘Advance Care Plan.’ I don’t even know what that is.”

Speak Up

National Advance Care Planning Day is April 16

The words of my siblings fade as my mind shifted to thoughts of Mom and Dad. Mom had died 5 years ago. At that time, I simply got a call from Dad informing me of her death. Dad is 92 years old. He had been physically active – golf in the summer months, curling through the winter and acted as the secretary of the local historical society until he was 90. The last two years however have not been kind to Dad. His eyesight and hearing, both failing resulted in him becoming increasingly isolated from the activities that had made his life so full. The last two years he had stopped golfing and curling. He had lost his confidence.

Continued on following page.

Bring It Home

The *Every Moment Matters* campaign continues! For up to date information on your new Hospice Peterborough Care Centre and to get involved, check out the campaign website at www.hospicepeterboroughcampaign.org and see pages 10 and 11.



Advanced Care *continued from page 1.*

At one point a year ago, he even mentioned that he was simply waiting until "it is time to be with your mother again."

I found myself wishing that somehow, as a family, we could have had some conversation with Dad. Maybe Dad saying that he was simply waiting until it is time to be with Mom again was his way of trying to open up this conversation. If only we had not been afraid to have this discussion. If only.

April 16 has been declared National Advance Care Planning Day in Canada. Advance Care Planning is about having conversations with the person, or people who will make decisions for you if you are unable to speak for yourself. By reflecting on your own values, beliefs and wishes and having open, thoughtful discussions with your loved ones who will act as your Substitute Decision Maker, you will help them if they find themselves in a situation where they are being asked by a doctor or other health care professional about difficult decisions that may need to be made in such situations as the case of my 92-year-old Dad.

The link below is a booklet that provides information on how to think about and approach these important conversations. Please take a few moments to look through this material. Imagine the peace of mind knowing that you are able to provide voice to a loved one.

www.advancereplanning.ca/wp-content/uploads/2015/09/acp_ontario_workbook_-_03.2015_colour_final-web-form.pdf



Snapd Peterborough

TICKETS AVAILABLE NOW



SATURDAY, APRIL 22, 2017

**Peterborough Golf &
Country Club
Start time: 6:00 pm**

Tickets: \$175 per person
(with a \$75 tax receipt)

For tickets, contact Holly Wilson
at hwilson@hospicepeterborough.org
or call 705.742.4042

Taking the Plunge for Hospice Care

Brave and fearless Mike Richardson, Jody Katzman and Team – Cold Toes and Bros. (Becka, Tanner, Steve, Phoenix and Mike) took the icy polar plunge in support of Hospice Peterborough on February 5th. Thank you for your warm support!

Left: Mike Richardson and Selwyn Mayor Mary Smith.

Care and Service Planning Update

Todd Barr, Transition Team Leader

In June 2016 I wrote a brief article outlining the Care and Service Planning process for making the transition to our new home and opening the new 10-bed, 24/7 resident care program and facility alongside current community programming in newly renovated Heeney House. While the planning process is well underway, the timeline has been pushed back until the end of 2017. This is a welcome development as there is lots of work to be done!

One area of the planning is developing policies, procedures and protocols for the new resident care program. At last count, there were 161 to be written or revised. We have lots of examples from other hospices in Ontario so in most cases we are not starting from scratch. An all-star team of writers has been assembled and we are meeting every two weeks to review and discuss our ideas. Some categories of the policies, procedures and protocols include: Admission and Discharge, Medication, Client Care, Visiting, Infection Control, Staffing, Housekeeping, Maintenance, Laundry and Risk Management.

Concurrent with the writing, Hospice staff will be consulting with our various hospice palliative care partners to receive their feedback and input. For example, we will soon be ready to meet with

local physicians to envision how coverage will work in the new resident care program.

Another area of care and service planning is determining how volunteer training will be expanded to support the resident care program. Once we have a proposed model, we look forward to sharing with current volunteers to receive their feedback and develop the model further.

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new policies, procedures or protocols to be written for new 10 bed Hospice Care Centre.

As Linda Sunderland mentioned in her Executive Director's report in the February newsletter, we are also busy writing new and revised job descriptions and finalizing the hiring timeline to ensure we have the right team in place when we open the doors of our new home in 2018.

To make way for the new Palliative Care Community Team, staff decided to integrate the additional staff members into our existing offices at 439 Rubidge Street. This meant an interim office move on March 22-24 where all front line staff relinquished their offices to allow new, more space efficient workstations to be installed. To prepare for the move, staff took the opportunity to go

through files and recycle/merge content. The good news is that this interim move means less to move a year from now...and has also provided staff with an experience of what next year's move will be like.

All this planning has also created opportunities to review and propose changes to other policies and procedures and for examining organizational systems that staff wants to improve (e.g. electronic calendaring and filing systems). Care and service planning is also an opportunity to prepare for accreditation with Hospice Palliative Care Ontario in Spring/summer 2019.

To help understand what transitions need to occur, we have been hosting periodic board-staff education sessions and two half-day staff retreats are being planned for early April and next fall. Regular social events and team meetings are also an important way for staff and board members to stay in touch.

If you have experience working within a hospice, insight into health systems or want to contribute to the development of the Care and Service Plan, please feel free to contact Transition Team Leader Todd Barr to express your ideas and concerns – the coffee is always on! 705.742.4042 x229

tbarr@hospicepeterborough.org

PROGRAMMING AT HOSPICE PETERBOROUGH

PROGRAM	DESCRIPTION	TIME
Home Support Volunteers	Skilled volunteers offer practical help, spiritual and emotional support or respite in the home.	As required. Call for details.
Caregiver Support Group	Support is offered in a group for caregivers of people who are living with a life-threatening illness from others sharing similar experiences.	2nd & 4th Friday of the month from 10 am–12 pm
Women’s Support Group	Provides a safe, welcoming place for women living with life threatening illness to meet others for mutual support, education and problem-solving.	Every Wednesday, 10 am–12 pm
Men’s Support Group	Men living with a serious, life threatening illness are welcome to participate for mutual support, education and problem-solving.	Every Wednesday, 10 am–12 pm
Day Hospice	For people living with a life threatening illness. Clients can join a support group, stay for lunch and/or participate in therapeutic activities.	Every Wednesday, 10 am–2 pm
Complementary Therapy Sessions	Certified volunteer practitioners will meet with individuals on an “as needed” basis.	Every Wednesday 1–3 pm Please call to register.
Gentle Exercise	Easy, gentle exercises that everyone can do.	Every Friday, 1:15–2:15 pm
Bedside Singers	Offered by trained volunteers who bring music and harmony to people in their home or at the hospital in the last months, days and hours of their lives. These talented vocalists share sacred and secular songs, meditative chants and joyful songs of the spirit that comfort and ease their journey.	Please call for more information.
Children’s Grief Group (8 Weeks)	An opportunity for those aged 6 to 12 to explore the meaning of the loss of someone important and develop ways of coping.	Offered 3 times per year (winter, spring & fall). Call for information.
Teen Grief Groups	Online and face-to-face opportunities for those aged 13 to 18 to explore the meaning of the loss of someone important and develop ways of coping.	Please call for times.
Children’s & Teens Grief – Follow-up Group	For those children and teens who have already attended a grief group at Hospice Peterborough	Once each month, please call for times.
Grief Recovery Level 1 (10 weeks)	Enables individuals to experience support from others who have experienced losses as a result of death. Participants share personal experiences, express feelings and emotions, find ways to move through their grief.	Offered 3 times per year (winter, spring & fall). Please call for information.
Grief Recovery Level 2 (12 weeks)	Examines some of the more complex aspects of the grief journey like: developing a new identity, developing new relationships, unhelpful belief systems.	Offered 3 times per year (winter, spring & fall). Please call for more information.
Grief Recovery Level 3	Provides ongoing support and encouragement as individuals begin to redesign life that will lead to a greater sense of wholeness and health.	3rd Tuesday each month 11:45 am–1:45 pm OR 3rd Wednesday of each month 7–9 pm
Walk with Hope	This is an open walk to anyone who is interested in meeting and talking with other bereaved people.	Please call for more information.
A Lunch Group for the Recently Bereaved	Share lunch with others who have been recently bereaved (within the past 2 years). The group offers a place to be with others who are sharing similar feelings, issues and needs.	1st and 3rd Friday of the month 11:30 am–1 pm
Grief Chat for the Recently Bereaved	Share light refreshments with others who have been recently bereaved (within the past 2 years). The group offers a place to be with others who are sharing similar feelings, issues and needs.	1st and 3rd Tuesday of the month 6:30 pm–8 pm
Bereaved Parents Support Group	This is a group specifically for parents who have lost a child. It enables them to be together and to share common issues of grief.	Last Wednesday of each month 7–9 pm
Suicide Survivors Group	This group provides individuals with information and support as they navigate the changes in their life following their loss experience. Session involves informational handouts and discussion about an aspect of suicide loss, such as stigma, the neurobiology of suicide and tools for coping with grief after suicide.	Please call for more information.
Community Resource Library	Books, DVDs, pamphlets and brochures on topics related to hospice palliative care for the community and health care professionals.	Monday, Tuesday, Thursday and Friday from 9 am–5 pm

Hospice Peterborough is open Monday to Friday 9 am to 5 pm. After hours visits can be arranged. All services are provided at *no charge*. Call **705.742.4042** for more information or to register for any group.



End of Year Thoughts from Linda

Linda Sunderland, Executive Director

“Sometimes you will never know the value of a moment until it becomes a memory.” –Dr. Seuss

April 1st is like New Year’s Day for us at Hospice Peterborough since March 31st is the end of our fiscal year. We must ensure we have met all the requirements for our funders and have plans for the next year in place. It is especially exciting for us here as we realize that by this time next year we will be working out of our new London Street site.

We had a glimpse into what the future will hold as we revamped our upstairs offices to accommodate the new staff members associated with the Palliative Care Community Team (PCCT). Originally we had planned to rent additional space for our expanded workforce until we could move into our new facility, but our staff felt strongly that our growing team needed to work out of one space. They all wanted to reconfigure our current space to accommodate the change. With the help of Brant Basics, McWilliams Moving and Storage, Diversified Communications, Computer Concepts, our hard working Design and Furnishings Committee, the ever helpful Art Murray and Roger Boutette, and of course Angela and Todd who

organized everything, we came up with a solution to keep us together. Now we have firsthand experience of what it is like to work with a lack of order, uncertainty and upheaval. It has been a massive change for our care team and I commend David, Todd, Paula, Ann, John, Natalie, Louise and Patti for their diligence and perseverance as they “purged and merged.”



On the Care and Service front we are grateful to volunteers Sue Stinson and Jamie Stephen who worked with David Kennedy to overcome a challenge faced by our Bereavement Lunch Group. The group was becoming too crowded to function so we are now offering a Grief Chat for the recently bereaved on the

first and third Tuesday evening of every month as an alternate. These two groups are designed for the recently bereaved and act as a bridge until people feel ready to participate in our more structured Grief Groups. Now the smaller groups will ensure everyone has a chance to share and connect.

I am so privileged to lead Hospice Peterborough’s superlative staff team. Everyone continually goes beyond their job expectations to ensure everything runs smoothly and that our clients and families get the best possible care.

Wonderful things often happen at Hospice and for me the most powerful experience I have every year is participating in the opening ceremonies of Hike for Hospice. A true sense of community and support flows around our memory circle as everyone honours their friends and loved ones who have died or those who are living with life threatening illness. On May 7th I invite everyone to come to Millennium Park at 11 am for the opening ceremonies of our Hike for Hospice. It will give you the opportunity to reflect and know that *Every Moment Matters*.

15th Annual Hike for Hospice

Who are you hiking for?

Hike for Hospice is a non-competitive walk and Hospice Peterborough's largest fundraising event. It brings families, friends, neighbours and co-workers together to support and recognize the palliative and bereavement struggles of individuals and families in our community.

Sunday, May 7, 2017

Millennium Park starting at 10 am

For more information, please contact Michelle at mproulx@hospicepeterborough.org or call 705.742.4042.

Register as part of a team or as individual hikers chpca.convio.net/hikeforhospicepeterborough.org



Members of Team Tinkerbell at Hike for Hospice 2016.

**Hiked
for Carly**

Team Tinkerbell

"On February 14, 2010, we went through a tremendous tragedy with the loss of our daughter, Carly Welsh. Our other three daughters lost their sister and our parents lost their granddaughter. Many lost a friend. A friend suggested we go to Hospice Peterborough because she had gone there when she lost a close friend. Thank goodness we did because we could never have learned how to handle our grief. Hospice was there for all of us. My husband and I attended the parents meetings, my

youngest daughter attended the teen group and my daughter who had lost her twin, joined Hike for Hospice and formed Team Tinkerbell, to help her with her loss. We know this is the group no one wants to belong to, but those groups are so needed. We hike to help others walk the path that we now walk everyday facing the loss of our loved one. We hope that with our support of Hike for Hospice, many others will be able to find the love and support that my family did." – Anita Welsh, Carly's mother



The Peterborough Clinic 2016 Team with their mascot Bear. Thank you for hiking for hospice palliative care for the last five years.

Peterborough Clinic Team

“Every person hikes for a different reason and this is an opportunity for the Peterborough Clinic to support our staff through a difficult time while giving back to our community. The Hike is always a bittersweet day as we

remember our lost loved ones. However, with family, old friends and new friends we meet that day, we celebrate their lives in a supportive and fun atmosphere.”

– Elaine Francis



Team Stacey Leslie 2016 consisted of immediate family, aunts, uncles and cousins, as well as very good friends from different areas of Terri Lynn’s life; ball team, church, aquafit at the YMCA and coworkers from the City.

Team Stacey Leslie

Team Stacey Leslie hikes in memory of Stacey Leslie who passed away in 2015.

“I hike to honour Stacey by remembering her in a positive way. I want to do as many things as I can to remember Stacey. I also saw Dave Kennedy as a counsellor during my first year of grief and he helped

me cope with my devastating loss. I thought it would be an appropriate thank you for his help by fundraising for Hospice. Looking at my family and friends wearing Stacey’s pictures on their t-shirts was amazing for me to see that day.” – Terri Lynn Johnston, Stacey’s mother

Sacred Time and the Gift of Singing

Meredith Hill, Hospice Peterborough Volunteer

The Borland family lives across the road and we've only known them in a way that's slightly more than acquaintances. However, in the last four years we have watched as Margaret, the matriarch in her eighties, struggled with and succumbed to Alzheimer's. Though her children and their families had moved into the house for support, even their whole tribe was no longer able to provide for her and keep her safe and the decision was made for her to go to Fairhaven for care.

I was surprised when her husband, Wimpy, came to me, weeping that this had been the worst day of his life. After that opening, there were several conversations with different family members as they

struggled with her decline and when she was transferred to hospital and then the palliative ward. The vigil began and we observed the gathering of the clan and the all night and all day comings and goings.

When we received the call that Margaret had died, I crossed the street and was welcomed into one of those sacred places where people were open in their mourning and storytelling ...and I was privileged to just be there with them. One of the stories they told was the visit of the Bedside Singers. They knew of the connection I have with Hospice and asked me to tell everyone there how wonderful their visit had been.

The Borland's have been key members of Saint James United Church since they were married there 65 years ago. Christian hymns are their language of sacred time. Margaret was

no longer speaking when the Singers came to the ward that evening but as they sang, her family watched in awe as she began to mouth the words along with them. And that fully church family joined in the singing in what became for them a tremendously meaningful time.

By the next day, as Margaret was clearly weaker, the fully gathered family went back to that experience with the Singers and began themselves to sing the hymns and songs that were part of their lifeblood. They're not entirely sure at what point in the singing Margaret actually breathed her last breath, but they know that their gift of presence and music were important parts of her good death. They wanted Hospice to know the gift of those singers being there had meant so much to Margaret, who could not say thank you. The whole family very warmly extends their thanks.

To read more Hospice stories, visit www.hospicepeterborough.org/hospice-stories

SAVE THE DATE
THURSDAY, NOVEMBER 16, 2017



HANDBAGS
for HOSPICE

7-10 pm at The Venue
286 George Street,
Peterborough

Tickets available
Fall 2017

Dancing for Hospice

Thank you to **Premiere Studio of Dance** for showcasing your wonderful talents at Showplace Performance Centre on March 4th. \$762 was raised at their recent dance rehearsal and donated to Hospice Peterborough. Your generosity is truly appreciated!



Celebrating 150 Years of Volunteers

From the volunteer program...

As I write this, the rain has cleared and the sun is promising to arrive...and I am sitting at my new desk in our recently renovated 'hub of care' office. I only need to swivel 180 degrees to see outside into our lovely garden. Spring is here – the days are lengthening and together with the changes we welcome a new group of participants to our volunteer training sessions.

Just in the past few days, our office (affectionately known as the Hub of Care) has been completely revamped with new furniture (pods/cubicles) instead of desks, which we can take to our new place up the road. It's required emptying all of our file cabinets and desks (11 years worth for me!) and purging, merging and sorting as well. Trips down memory lane have occurred for all of us. I have been reminded of many volunteers who have stepped back due to illness, moving or other life changes and all the rest who continue to be actively involved. What a journey!

And, next week, we begin another volunteer training series with about 30 new people. What a pleasure it is to get to know them, hear their stories, and look forward to their involvement with Hospice Peterborough. So it begins again.

To enquire about volunteering or any questions you may have, please feel free to contact Paula at pgreenwood@hospicepeterborough.org.



Peterborough Palliative Care Community Team

Allan Chong, PCCT Project Manager

In my last article, I wrote about Hospice Peterborough and its healthcare partners coming together as a Steering Committee for the planning and implementation of the Peterborough Palliative Care Community Team (PCCT) for the City and County of Peterborough.

The Steering Committee has created three working groups to finalize the details for implementation of the Team. The groups include: Infrastructure, Process and Reporting areas.

The Infrastructure Working Group will focus on the capacity and capability of each partner's Electronic Health Record (EHR) system and how the EHRs can be leveraged to communicate and process relevant data and information for the Team. In addition, this Team will clearly guide and identify the parameters within the circle of care with respect to existing privacy and confidentiality regulations and statutes.

The Process Working Group is tasked with mapping out the referral process that interfaces with the PCCT with the necessary information to initiate, update, and communicate the appropriate client information. This group will also provide some input into the role of the Palliative Navigator, including boundaries between practitioners to prevent duplication.

Finally, the Reporting Working Group is tasked with identifying what metrics will be necessary to report to the Central East LHIN about the progress and performance of the program. It is also the opportunity for each partner to identify internal metrics to monitor their own performance.

THANK YOU

TO OUR VOLUNTEERS & SUPPORTERS!
SAVE THE DATE

Hospice Peterborough's AGM and Volunteer Appreciation will take place on

JUNE 22, 2017.

We hope that volunteers and supporters join us to celebrate you and all that you give!

Bring It Home



We're Almost There...

For over a decade Hospice Peterborough has been working towards filling a gap in care by building a new Hospice Peterborough Care Centre to enhance hospice palliative care services in our community.

THANKS to our Peterborough community of supporters, champions and leaders Hospice is inches away from reaching the \$8.5M goal to fund the new centre.

Construction at 325 London Street started with a groundbreaking on November 1, 2016 and is slated to open in early spring 2018.

To date, the project is on track both financially and with construction timelines.

BUT we still need YOUR donations to help us close the gap. We are now at 96% of our *Every Moment Matters Campaign* goal with \$245,000 still to raise.



Peterborough County Warden Joe Taylor speaking at Hospice Peterborough in December 2016.

It takes a VILLAGE – and the COUNTY...

Recently Peterborough County Council recognized the value of hospice care by investing \$350,000 in the new Hospice Peterborough Care Centre for the communities they represent.

"We are grateful to County Council for endorsing hospice care and for their leadership and prudence. We also would like to recognize our many County supporters and partners. Currently 22% of hospice work directly benefits Peterborough County residents." says Linda Sunderland. "This generous support brings us one step closer to reaching our goal. Thank you."

BDO Canada LLP

BDO Canada LLP made a \$15,000 pledge to the *Every Moment Matters* campaign. Thank you for your support, generosity and community spirit.



Provide the Comforts of Home



Help provide the Comforts of Home for our client's during their final days. To purchase your symbolic gift today, please visit Hospice Peterborough's Gift Registry at

www.hospicepeterborough.org/giftregistry

KEEP UP ON THE CONSTRUCTION!

Want to keep up to date on the most recent construction activity? Sign up today and receive alerts directly to your email when new blog entries are made. Subscribe today!

hospicepeterboroughcampaign.ca/?page_id=725



He Shoots, He Scores for Hospice

Thank you to members of the Peterborough Liftlock Atom Hockey Tournament Executive and Wayne Blackburn's family who presented Hospice Peterborough Executive Director Linda Sunderland with a cheque from this year's tournament and in memory of Wayne, Vice Chair of the tournament. Proceeds will support the *Every Moment Matters* campaign.



Kiwanis Euchre

Thank you to the Kiwanis Club of Scott's Plains for their recent donation of \$4,000 as part of their \$12,500 pledge to the *Every Moment Matters* campaign.

Along with the Kiwanis Club of Peterborough, their pledge will help provide specialized equipment and furniture for the paediatric room at the new Hospice Peterborough Care Centre.

Pictured (l. to r.): Michelle Proulx accepting Kiwanis Club of Scott's Plains recent donation from President Dave Compton at their recent Kiwanis Progressive Euchre afternoon.

The Lakefield Lions Club



The Lakefield Lions Club made a donation of \$1,500 to the *Every Moment Matters* campaign. Thank you for your generosity.

Crafters & Knitters Group

Thanks to the many hands of the **Crafters and Knitters Group** at Peterborough Retirement Residence for their donation to the *Every Moment Matters* campaign.



Their wonderful handmade creations raised \$450 for hospice care in our community.

SAVE
THE DATE



SATURDAY, SEPTEMBER 16, 2017

STAFF LIST

Linda Sunderland, *Executive Director*
Todd Barr, *Transition Team Lead*
Meaghan Blodgett, *Administrative Assistant*
Alison Casey, *Development Manager*
Allan Chong, *Palliative Care Community Team Project Manager*
Louise Golledge, *Palliative Pain & Symptom Management Consultation Service Assistant*
Paula Greenwood, *Volunteer Coordinator*

David Kennedy, *Bereavement Coordinator*
John Mowry, *Palliative Care Facilitator*
Michelle Proulx, *Fund Development Assistant*
Patti Stanton, *Nurse Consultant, Palliative Pain & Symptom Management Consultation Service*
Angela VandenBroek, *Office and Finance Coordinator*
Ann Wannamaker, *Palliative Care Facilitator*
Natalie Warner, *Palliative Care Coordinator*
Holly Wilson, *Fund Development Assistant*

CAMPAIGN CABINET

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Goodith Heeney, *Honorary Member*
Shelley Barrie
Tim Barrie
Dr. John Beamish
Karen Beamish
Jim Devlin
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Susan Hadden
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Gail Lockington
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Linda Sunderland, *Executive Director*

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Programming partially funded by



Give the gift of hospice care...

YES, I would like to support **Hospice Peterborough**

Name: _____

Address: _____

City: _____

Province: _____ Postal Code: _____

Phone: _____

Email: _____

Amount: \$ _____

I would like to make my gift:

One time donation Monthly donation

Every Moment Matters campaign

METHOD OF PAYMENT

Cheque (*payable to Hospice Peterborough*)

Visa MasterCard American Express

Card #: _____ Expiry Date: ____/____/____

I would like to be an anonymous donor

This gift is in memory of:

I wish to be listed in your Annual Recognition as:

Registered Charity No. 119478964 RR0001

Tax receipts will be issued promptly for donations of \$20.00 or more.

YOU HAVE OUR WORD: Hospice Peterborough respects your privacy and complies with all legislative requirements regarding its protection. Hospice has never – and will never – rent, sell or trade your personal information.

We use your personal information to keep you informed about programs and services, special events, funding needs, volunteer opportunities and more through our newsletter and other communications and to acknowledge your support as a donor or volunteer.

THINK GREEN: Please contact us at admin@hospicepeterborough.org or **705.742.4042** if you wish to receive this **newsletter via email** or if you wish to be removed from our mailing list.

439 Rubidge Street,
Peterborough, ON K9H 4E4
705.742.4042 1.800.790.0867

Hospice Peterborough is open Monday to Friday,
9 am to 5 pm. After hours visits can be arranged.
All services are provided at no charge. Call for
more information or to register for any group.

Closed Good Friday and Easter Monday

#bringithome

@hospiceptbo

@hospiceptbo

