



Looking Back & Moving Forward

HOSPICE PETERBOROUGH

Annual Report 2022-2023



LOOKING BACK & MOVING FORWARD

A message from the Board President and Executive Director.

*"The strength of the team is each individual member.
The strength of each member is the team."
- Phil Jackson*

Looking back on the past year, there were a lot of highs and lows. Another year in a pandemic, with lots of unknowns. But there was progress with vaccinations, boosters, loosening restrictions, and an opportunity to get back together. Through it all, we are so proud to share that Hospice Peterborough faced any adversity with the same focus, drive, and hope with which we face every challenge. We finished off the year financially solvent, while supporting more people than ever before. We are incredibly proud of what we have accomplished.

This year, after research, committee work, surveys, education, and careful reflection, Medical Assistance in Dying (MAID) became an option for clients receiving care in the Hospice Residence who have requested it, and for those who meet the required criteria. This decision was made by the Board of Directors and aligns with Hospice's vision of client-centered care with a focus on comfort and dignity.

We are proud of the exciting new community connections we have made over the last year. We partnered with Hospice Norwood to offer community programs at Stewart House. We partnered with the school boards and Peterborough Police to host a Child & Youth



Board President Len Lifchus and Executive Director Hajni Hős reflect on the past year with pride and gratitude.

Mental Health Symposium, and many other organizations to share our services and expertise. It is an honour to connect with those throughout the City and County who share our collective vision for a compassionate community.

Our Community Programs continue to evolve and innovatively adapt to meet the community

needs from the introduction of supports like Mindful Nourishment meditation, the 'What Now? On the threshold of life, death and grief' podcast, to Evening Grief Chat groups, and the Moving with Grief walking group. We are always impressed by the thoughtfulness and creativity our team members bring to each of their departments.

The Residence continues to be full of some of the most compassionate, dedicated, and caring staff and volunteers. In serving our end-of-life residents, no detail or wish is too small when improving quality of life. We continuously hear examples of this, like when a birdhouse was installed outside of a resident's window so they could birdwatch, birthday and anniversary celebrations complete with decorations and cake, or staff dressing up as characters to bring a smile to a resident's face.

Behind the scenes, we are a well oiled machine.

Volunteers are finally back, fulfilling their vital roles in keeping the organization running smoothly. We are so happy to welcome them back in the building and in the community!

In the lower level of the building, a team of hard working individuals toil away to keep everything working smoothly throughout accounting, fundraising, health and safety, administration, communication and the thousands of other details that make our care possible.

The last few years have been some of the most difficult in the healthcare industry, and we are grateful to all of our staff for their immense grace and professionalism. Each department plays an essential role and works together to achieve excellence in hospice palliative care.

We also express our sincere gratitude to our hard working Board of Directors. Throughout the year, they worked diligently. Some meetings took place behind a screen, but recently we have begun to meet in-person again. Through every hurdle, progress continued to be made with our Strategic Plan goals, monitoring the financials and mitigating organizational risks, while safeguarding the health and welfare of the organization.

Above and beyond all of their immense responsibilities, the Board excelled in their effort to show their appreciation and love to staff. With a generous heart, Board members showered staff with special breakfasts, treats at every occasion, an abundance of caffeine and messages of appreciation.

This past year marks the end of an era, as Dr. John Beamish, Hospice Peterborough's Medical Director, announced his retirement and served his final month in April 2023 on our team. What Dr. Beamish has given to this organization is beyond

measure. It's indescribable, really. How can we effectively thank someone who is one of our founding members, and has served so many important roles within our organization, including board member, mentor, donor, Medical Director, volunteer, podcast guest and capital campaign member?

Not only is his name on the organization's incorporation papers, but thanks to his passion and commitment to bringing quality hospice palliative care to Peterborough, Hospice Peterborough has ultimately become what it is today! Words cannot express our gratitude to Dr. Beamish and we wish him a retirement full of family, good health and adventure.

While we look toward another year, confronted with unknowns lingering from the pandemic and the economic realities

we all will face, we are confident that Hospice Peterborough will continue to be there for those who need hospice care because we are a special community of hard-working and dedicated individuals, volunteers, donors, Board of Directors, community partners and staff.

Every person is an important piece of the Hospice Peterborough puzzle. In the words of Helen Keller 'Alone we can do so little, together we can do so much'.

On behalf of the Board of Directors, we appreciate your continued support and commitment to our care.

Warmly,

Len Lifchus
Board President

Hajni Hős
Executive Director



Hospice Peterborough staff gathered outside the building to show off their new branded hoodies.

THE HEART OF HOSPICE

Volunteers are back in the building, we missed them!

Submitted by Carolyn Parkes, Volunteer Services Lead & Helen Mead, Volunteer Services Assistant

Hospice Volunteers are back and we are all thrilled to see them in person again. After a couple of years of the main form of interaction being Zoom, it is lovely to hear volunteers answering the Hospice phone or experience a greeting as you walk through the doors at 325 London Street. If these interactions are meaningful to staff, imagine how impactful they must be for clients and residents experiencing the effects of a life-threatening illness or grief, who interact with Reception Volunteers, Residence Volunteers, Group Support Volunteers and Home Visiting Volunteers.

Hospice volunteers also include groups of people that may not immediately come to mind, including Board and Committee members, event volunteers, and volunteers that perform a variety of tasks from gardening to admin.

Hospice Volunteers are always keen to learn and grow. They regularly participate in continuing education and debriefing. In the past year we joined a program called Nav-CARE, which is a

national collaboration led by the Universities of Alberta and British Columbia in which hospices across the country were selected to implement a program of support for clients in their homes. Nav-CARE aligned well with Hospice Peterborough's home volunteer visiting program, and we are proud to have had several requests from other participating hospices to share policies and programming structures. Carolyn Parkes also presented twice in national webinars coordinated through Nav-CARE.

A big thank you to all of our volunteers. As the slogan from National Volunteer Week 2023 says, "Volunteering Weaves Us Together!"



"When you can sit in perfect silence with someone, you truly know how to communicate."

- Richard Wagamese

RESIDENCE UPDATE

Navigating change with continuous commitment to quality care.

Submitted by Jennifer Earle, Manager of Hospice Residence

As I write my first Residence Update for the Annual Report I find myself reflecting on my short four months as Hospice Peterborough's new Residence Manager. It has been a busy time as I navigate the steep learning curve in this incredibly supportive environment. From day one I have been awestruck by this beautiful facility and the exceptional teamwork that occurs every day to make excellent palliative and bereavement care possible for our community.

At the peak of COVID, I had not yet joined the team at Hospice Peterborough, but my experience as a critical care RN during those stressful days helps me relate to and understand how difficult it would have been for my residence staff members. As I get to know each individual, it is no surprise that the previous Manager's message was one of pride. The care that is delivered each and every day to our clients is second to none and I feel fortunate to be a part of this organization.

Running the show in Food Service's is Andrea who shows her special kind of care, providing home cooked meals (including her famous cheese scones) to clients, and soup and treats to families and friends.

Once again, this fiscal year was full of activity for our ten-bed residence. There were a total of 189 admissions with 143 having a malignant diagnosis and 46 having non malignant diagnosis including heart, chronic lung or Alzheimer's disease. Out of the 189 clients, 26 were age 19-64 and 163 were over the age of 65. The average length of stay was 12.4 days.



What a thrill to have visitors like Henry the therapy dog and Karin (far left) back in the Residence. Residence staff Alley (back left), Sarah (back right), and Sebastian (front right) get a quick cuddle in.

As COVID restrictions slowly lift, there seems to be more of a quiet energy in the air as we see more clients' families and friends able to visit and volunteers return to do the wonderful work they do! It is so heartwarming to see and hear people gather safely in our family great room and see them enjoying this comfortable environment.

I only had the privilege of working with our past Medical Director, Dr. John Beamish, for a few short months before he retired on April 28th but some of my residence staff were lucky enough to have worked with him in palliative care for decades. We all wish him health and happiness in this new stage of his life!

I want to say thank you to my team for their patience and understanding as I settle in to this new role. As well, thank you to Jodi Dunn, who was committed enough to temporarily come out of retirement (again!) to be my extremely knowledgeable mentor. I am grateful for all I have learned from everyone and am looking forward as we grow together as an organization.



Jennifer Earle took the reigns as Manager of the Residence in January 2023.

COMMUNITY PROGRAMS

Adapting and innovating to continue to meet community need.

Submitted by Natalie Warner, Manager of Community Programs

Hospice Peterborough Community Programs include the Palliative Care Community Team (PCCT), support groups for individuals living with a life-threatening illness and their caregivers, grief support programming, and wellness programming for anyone connected with Hospice Peterborough. Through the PCCT, Nurse Navigation services facilitate clients to connect with a palliative physician; home visiting volunteers provide companionship and respite support; and counsellors provide Supportive Care to clients and close family caregivers. Although there is no expectation that clients be a part of Hospice services to come to the Residence, many are clients prior to coming to the residence.

Since autumn 2022, almost all Hospice grief support happens through group programming, with the exception of support for children and youth. Grief programs have moved back into the building as most people want to connect in-person rather than via virtual technology. A variety of groups, designed to support people through different types of loss and at different stages in their grief journey, are offered.



Participants in Moving with Grief, that started in February. Photo courtesy Karen Graham, The Millbrook Times.

Moving with Grief is Hospice's newest grief program, which started in February at the walking track of the Cavan Monaghan Arena. The program is led by Volunteer Grief Companions, who help participants connect with one another and share in their grief while participating in a gentle walk around the track. Grief Chat is a program Hospice

has offered for many years, and is currently held twice monthly during the day, and twice monthly in the evening. This group is intended to support and connect people in the early months following a death when they are still experiencing the rawness of their grief. The tri-level Grief Recovery program is one of Hospice's original grief programs, and continues to be facilitated by Lyle Horn with the support of volunteers. Survivors of Suicide Loss (SoSL) follows a set curriculum for eight weeks and then transitions to ongoing monthly support. This year we thank the Canadian Mental Health Association for funding the SoSL program. Two Bereaved Parent Groups also happen monthly, for any parent who has lost a child regardless of the child's age.



Family and Child Life Specialist Sheila introduces Andrea Warnick at the first Children and Youth Mental Health Symposium in February.

Support for children and youth looks slightly different. In her work, Family and Child Life Specialist, Sheila Bourgeois helps parents develop age-appropriate techniques for talking to their children about the death of a close family member. She is also able to see children and youth in-person for one or two appointments to help them explore their grief. Grief groups for children and youth are also offered a couple of times a year.

This year we welcomed new team members: Helen Mead, Volunteer Services Assistant; Lisa Rossi, Intake Coordinator; and Cheryl McFarlane, Supportive Care Counsellor.

TAKING CARE OF ONE ANOTHER

After three incredibly difficult years, Hospice increases investment in staff wellness

What makes Hospice Peterborough special is not the equipment, or the floor plan, it is the people; Staff and volunteers.

We are grateful for, and admire, our staff who show compassion, kindness, and a love for palliative care. And this work is not always easy. After some incredibly difficult years for this sector, Hospice Peterborough is working diligently to take care of our greatest asset - our team.

Quarterly, the Hospice Peterborough team participates in a Staff Development Day which combines opportunities for professional and personal development, and a bit of fun with team-building activities. Over the last year staff have had the opportunity to attend sessions on Advanced Care Planning, Life Wheel teachings, self-care, and more.



Staff at one of the Development Days, where personal and professional training are offered, as well as a chance for team-building.

One Staff Development Day took place at Tecasy Ranch outside of Buckhorn where staff spent the day outside with activities ground in connecting with nature and the world around them.

Staff debriefs and other check-ins are offered regularly and open for all staff to attend. Similarly, *Mindful Nourishment*, a virtual meditation group offers sessions bi-weekly that encourage staff to check-in with themselves.

An Employee Family Assistance Program (EFAP) was offered to all staff this year, at no cost to them.



While our work can be difficult, it is rewarding and we want to continue to support staff to be passionate about what they do.

EAPs can connect staff to a number of supports from financial and legal counselling, to parenting support, to diet and nutrition advice.

The People Team, a group of staff who meet to plan activities that boost morale, team building, and acknowledge special occasions and milestones.

Hospice Peterborough's Board of Directors remain incredibly focussed on staff wellness and outside of their ongoing expressed gratitude, staff recognition by our Board included holiday meals, pancake breakfasts, flowers, and an Easter egg hunt complete with treats and raffle prizes.

An annual anonymous Staff Satisfaction Survey allows the organization to stay current with pressures and stresses staff face, and provide measures to address wellness and work-life balance.

This work can be heavy. It is important work and staff are passionate and competent, but there are tough days. Hospice Peterborough will remain committed to being present and supportive to those who are always there to care for others.

Thank you to all of our staff, you are what makes Hospice Peterborough special!

IT WAS HOME, AND BETTER: KATHY AND VERNE'S STORY

"Instantly, it was all about Kathy...I didn't need to worry"

When Kathy Pickford first gave her husband Verne a tour of Hospice Peterborough's brand new 10-bed residence shortly after it opened, he was initially a bit apprehensive. "I saw it as competition," he said, "I just wanted Kathy to be at home." But Kathy had other plans: a room with a view of the garden.

Kathy and Verne first met in 1984, but Verne suspects he had "too much hair and too much eyeliner" for them to date seriously at the time. They each married other people, had kids, while staying woven into each other's lives. Verne still has a photo of their children meeting at an early birthday party. After their marriages ended at roughly the same time, Verne and Kathy reconnected, dated, and eventually married in 2015.

Their marriage was grounded in communication and respect. But sadly, Kathy's health quickly declined – commencing an almost ten-year battle with cancer. First it took her left breast, then her right one. Now it was in her lymph nodes, her bones, and spreading to her brain. Each time the cancer returned, however, she managed to beat the odds, even after being told she had only months to live. "They called her 'The Miracle,'" Verne noted. But the brain cancer wasn't getting better.

The Women's Day Hospice program brought Kathy immense comfort and connection. "Kathy was always a positive, positive person," Verne shared. However, the women Kathy met through Hospice allowed her to sustain and strengthen her positive attitude, and Verne believes this may have even helped prolong her life. Outside of their regularly scheduled meetings, Kathy's Day Hospice community stayed in touch, even grabbing dinner together from time to time. "The strength they got from each other was incredible," he remembers.

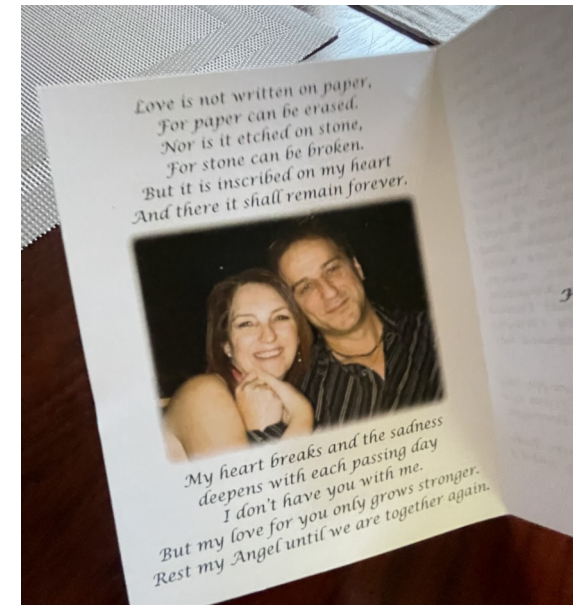
Eventually, the steroids Kathy was taking to treat her cancer were making it hard for her to manage stairs and other barriers at home. Kathy and Verne met with Dr. Natalie Whiting, a palliative doctor



Verne displays mementos from his and Kathy's time at the Hospice Residence including a crocheted bear from a volunteer and two wooden birds (one for Kathy, one for Verne).

with the Peterborough Family Health Team, to discuss the possibility of moving Kathy to Hospice Peterborough. Kathy knew it was time, so Verne called to request the room with the view of the garden. Verne was amazed – without further questioning, he was told the room was Kathy's. "It was instantly about Kathy," Verne shared, "and she hadn't even gotten there yet."

Verne remembers Andrea, Hospice Peterborough's acclaimed chef, asking him what Kathy's favourite food was shortly after they arrived at Hospice. "Steak and wine," Verne said. "Not a problem," Andrea responded. As soon as she got there, Kathy was provided everything she needed. And though Verne was initially hesitant to ever leave Kathy's side, he was blown away by how personal and professional the care was, growing to trust and deeply respect Hospice staff: "If I even thought about something Kathy needed, somebody was there to help. It was like the staff could read my mind."



Kathy and Verne's photo used in Kathy's memorial service pamphlet.

Kathy's roughly one-month stay at Hospice had its challenging moments, certainly. But Hospice gave Kathy and Verne many unexpected moments of joy and even humour during an otherwise difficult time. Mike the custodian was constantly playing pranks on Les, an RPN, keeping Verne in on the joke for the entirety of Kathy's stay. Verne also recalls Kathy telling him about one night she enjoyed her glass of wine in Hospice's deep soak tub. She was joined by a few PSWs and nurses who brought the radio in to the bathroom so they could all sing along to Oldies 96.7 – Kathy's favourite radio station – while she drank her wine in the spa tub.

Even though Kathy had the support of Hospice staff, Verne never felt like his role of caregiver – a role he took very seriously – was taken away from him. Nurses and PSWs gave him the space to continue caring for Kathy and giving her what she needed. Verne appreciated how approachable, informational and conversational the care team was in telling him how they would be prepping Kathy for her final day. There was no inaccessible medical jargon, "it was just people talking," he said.

And the room with the view of the garden quickly became Kathy's room. Personal photos and other tokens from home covered the walls, Kathy's scent diffuser brought familiar smells, and visitors wrote notes to Kathy on the whiteboard. Verne reflects: "It was home, and better."

After about a month-long stay at Hospice, Kathy died. Verne stayed in bed with her until the very last moment, and even after. "There was no rush to leave," he shared. For Kathy's honour guard – a hospice tradition where the loved ones follow a resident who has died out of the building, often to their favourite song – Verne chose Blue Rodeo's "Lost Together," their wedding song. When it came time for the Honour Guard, Verne noted that it was almost better than the funeral, and was amazed by how thoughtful Hospice care was even after Kathy had died. Despite the fact that there were other residents staying at Hospice at the time, Verne says that "it felt like the whole building supported Kathy and I."

It's been just under a year since Verne lost Kathy and it's still tough. He still leaves Oldies 96.7 on for her when he leaves the house. He still has souvenirs from his time at Hospice, too: homemade jam made by Laura, a crafty PSW, two carved wooden birds representing Kathy and Verne (Kathy's carved by Murray from the Ontario Wood Carvers and Verne's made by Mike, the custodian), and a knitted bear given to him by a front desk volunteer. Kathy had not one but two teams representing her at Hike for Hospice – Kathy's Angels and Kathy's crusaders – each raising funds to support end-of-life care in the community and pay Kathy's memory forward.

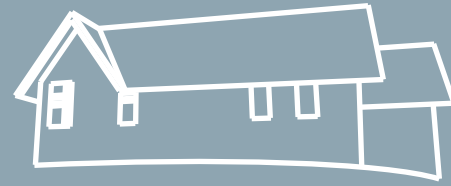
"I didn't get Hospice at first," Verne says of his experience, "now I do."



Verne sits with Kathy and the important memories and items that reminds him of her.

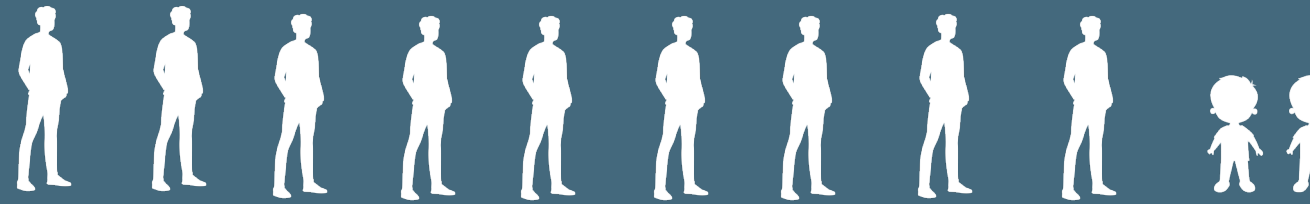
YOUR COMMUNITY HOSPICE AT WORK

Hospice's busiest year for individuals and families supported thanks to you.



 **2,160**
clients supported
over the last year.

 **65 new**
child and youth referrals.



1,023 sessions supported clients in their grief - **901** adults and **122** children.

38,346 client interactions by staff and volunteers.

 **172**
new community
bereavement clients.

 **158**
palliative support
groups held

 **227**
new caregiver
support referrals.

 **274**
total participants
in Education
Sessions held in the
community.

 **395**
clients with a
palliative diagnosis
assessed by our
Nurse Navigators.



180 sessions

led by the Palliative Pain and Symptom Management Consultant.

 **233 sessions**
of grief groups held.

 **233 participants**
in 22 mindfulness meditation
sessions.

DEVELOPMENT UPDATE

Another year of creativity and distance in fundraising and communications.

Submitted by Aimée O'Reilly, Manager of Development, & Alison Casey, Development Advisor

With another year filled with ups and downs, lockdowns, bad viruses, and a tough economic landscape, we are eternally grateful to our donors, stakeholders, and volunteers whose unwavering support brought us through another year and allowed us to continue our programs and services uninterrupted.

The department itself transformed with long-time Manager of Development, Alison Casey beginning to move towards retirement and shifting to part-time, and Aimée O'Reilly moving into her management role. The addition of Sarah van den Berg full-time as Fundraising & Communications Coordinator brought a breath of fresh air and new perspectives. We are thrilled with the cohesiveness of our team.

One of the highlights was being able to baby step back into in-person events when we were able to welcome folks to Rolling Grape Vineyard in Peterborough County for our first ever Summer Sips event and partner with the amazing 4th Line Theater for an evening.

With the pandemic continuing its grip as summer ended, we held another virtual Hike for Hospice in early September. We thank the many businesses who offered support through sponsorship, while the community rallied to fundraise in creative ways, resulting in an all-time high achievement of over \$100,000!

In early December, our dear friend David Kennedy shared his reflections on a long-time career at Hospice Peterborough in our Annual Appeal, which reached more than 10,000 households. Thank you David for your thoughtful words, and stirring memories with the organization.

Ever so slowly, traffic is increasing inside the building. We are welcoming donors and visitors and can sit down together to chat. What was once an opportunity we took for granted, has become precious and much appreciated, adding a connection that we have been missing terribly throughout the pandemic.



Alison Casey (left), Aimée O'Reilly (middle) and Sarah van den Berg (right) reflect on a year of challenges, opportunity, and a whole lot of community love.

We continue to be in awe of our colleagues who have unwaveringly been there for our clients and their families, we are humbled to be able to support their work and are honoured to meet with families and friends who share their experiences and want to give back to the organization. Thank you.

We extend our heartfelt thanks to our Resource Development Committee who have been our sounding board and providing guidance over this last year: Chairperson Mary Blair, Heather Eatson, Dr. Heather Drysdale, Brooke Dickey, Leslie Keating, Michele Cavanagh, Diane Czarnik, and Jamie Westaway.

We look to the year ahead with cautious optimism and continue to research new ways to connect, whether in-person or virtually, and prepare to take on this new year with gratitude and hope.

FINANCE & ADMINISTRATION UPDATE

Working diligently behind the scenes to support our amazing community.

Submitted by Andrew Graham, Manager of Finance and Administration

The Finance and Administration Department is thrilled to report another financially solvent year for Hospice Peterborough, despite additional costs and repercussions from the pandemic continuing to ripple through the organization. Through obstacles large and small I am immensely proud of the team; Meaghan Blodgett, Wil Pialagitis, Mike Bowser and Rochelle Bowers. Together they worked tirelessly behind the scenes to ensure our care staff can continue to do their important work.

Meaghan led the completion of a Cyber Security Assessment and did an excellent job. Many key deliverables noted in the assessment have already been resolved through the year, with the remaining to be completed in fiscal year 2023-2024. Her breadth and depth of knowledge about Hospice Peterborough and its many systems is always impressive and her patience and willingness to help is admirable.

We were excited that Wil accepted a new role as Accounting and Payroll Coordinator where he has quickly learned our payroll processes and is excelling. Wil's efforts helped Hospice Peterborough stay up to date with tax receipting, data entry and even updating cards with beautiful photos of the hospice building and gardens. Everything Wil completes is done with careful attention to detail.

Mike Bowser continues to bring his skills, not just in his role as Building Maintenance and Custodian, but as resident joker and morale booster. A smile is



The Finance and Admin team: (from L to R) Andrew Graham, Wil Pialagitis, Mike Bowser, Meaghan Blodgett and Rochelle Bowers work together to keep the organization and building running smoothly.

never far away when Mike is around. I'm sure nearly every family member and client has their own Mike story. He truly embodies the Hospice Peterborough spirit.

In March of this year, we welcomed Rochelle Bowers to the team as our new Human Resources Administrator. We are pleased with her settling quickly into the role and learning our policies and procedures. She has quickly become a key

part of the team and we are excited about her future here.

I also want to acknowledge my team in making me feel comfortable as I settled into the role of Manager of Finance and Administration. You helped make my transition smooth and I am grateful.

I am also fortunate to work with the amazing volunteers of the finance committee; Chair Adam Burns, Karen Auger, Marie Hynes, Otis Smith, Dan Marinigh, and Richard Johnston whose input and knowledge have helped make great improvements to financial procedures and policies.

It is a privilege to work with this team of incredible people and to support the important work being done in the residence and throughout the community.

WORKING TOGETHER TO HELP MORE

Programming expanded to Norwood through new partnership.

Submitted by Carolyn Parkes, Rural Outreach Coordinator

This year Hospice Peterborough welcomed a partnership with Hospice Norwood. Hospice Norwood has a dedicated group of volunteers who have been working hard for several years to establish a welcoming Hospice facility in their community. Stewart House is a lovely century home that has been renovated from bottom to top, in a project led by volunteer directors and community members.

The Ontario government has provided funding through Hospice Peterborough for Hospice Norwood to further adapt Stewart House, making it accessible for people using mobility aides, and for staffing to support the offering of programs and services through Hospice Norwood.

With the addition of these community programs, Carolyn Parkes has begun serving in a new dual role that continues her work with Volunteer Services at Hospice Peterborough and has expanded her work to include Rural Outreach to Norwood. The role includes offering Client, Caregiver and Grief Support programming at Stewart House, as well as coordinating access at Stewart House to Hospice Peterborough's virtual programming such as Mindful Nourishment. All clients accessing services at Stewart House will be



Norwood Board Members Laurie Inglis, Ashley Calder, Jan Darling and Rose Millett joined by Hospice Peterborough Executive Director, Hajni Hós and Rural Outreach Coordinator Carolyn Parkes outside their building.

registered with Hospice Peterborough and have access to the full complement of Hospice programs, including the Palliative Care Community Team. The living room at Stewart House also provides a comfortable space for clients to meet with Hospice staff, including Supportive Care.

If you are driving through Norwood, look for Stewart House on the south side of Highway 7 before the lights.

Our podcast, presented in partnership with David Kennedy, Red Keating and Julie Brown; *What Now? On the threshold of life, death and grief* touches on a variety of topics closely related to Hospice Peterborough's work.

Drawing on the hosts' vast knowledge and experience, each episode is a conversation meant to enlighten and demystify the often difficult and emotional experiences of dying, death and bereavement.

Since its launch in October 2022 it has been downloaded over 6,000 times in 18 countries around the world.

What Now? On the threshold of life, death and grief is available for free on most podcast platforms and on YouTube.



YOUR INVESTMENT IN HOSPICE CARE

We are pleased to present our audited financial statements.

HOSPICE PETERBOROUGH Year Ended March 31

STATEMENT OF FINANCIAL POSITION

	2023	2022
CURRENT ASSETS		
Cash and current portion of investments	\$ 1,145,596	\$ 1,937,044
Accounts receivable	263,882	23,540
Prepaid expenses	22,192	24,608
	<u>1,431,670</u>	<u>1,985,192</u>
INVESTMENTS	1,568,566	654,872
CAPITAL ASSETS	<u>8,316,478</u>	<u>8,635,385</u>
	<u>11,316,714</u>	<u>11,275,449</u>
CURRENT LIABILITIES		
Accounts payable and accrued liabilities	104,140	71,159
Deferred revenue	3,601	9,136
	<u>107,741</u>	<u>80,295</u>
FUND BALANCES		
Unrestricted	829,137	666,620
Invested in capital assets	8,316,478	8,635,385
Internally restricted	2,063,358	1,893,149
	<u>11,208,973</u>	<u>11,195,154</u>
	<u>\$ 11,316,714</u>	<u>\$ 11,275,449</u>

STATEMENT OF OPERATIONS

	2023	2022
REVENUES		
Ministry of Health	\$ 2,246,760	\$ 2,236,566
Donations and bequests	810,123	738,433
Grants	56,074	95,642
Fundraising	123,353	85,308
Government assistance	-	38,860
Investment income	20,257	(2,146)
Other income	1,072	2,327
	<u>3,257,639</u>	<u>3,194,990</u>
EXPENDITURES		
Remuneration and contract fees	2,479,444	2,357,184
Office, general and professional	315,348	274,507
Program and education	61,380	59,720
Travel, training and association fees	17,761	39,141
Fundraising	37,744	28,152
Donations	-	10,000
Amortization	332,143	308,694
	<u>3,243,820</u>	<u>3,077,398</u>
EXCESS OF REVENUES OVER EXPENDITURE \$	<u>13,819</u>	<u>117,592</u>

REPORT OF THE INDEPENDENT AUDITOR'S ON THE SUMMARY FINANCIAL STATEMENTS

To the Members of Hospice Peterborough

Opinion

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2023 and the summary statement of operations for the year then ended, are derived from the audited financial statements of Hospice Peterborough for the year ended March 31, 2023. We expressed a qualified audit opinion on those financial statements in our report dated May 25, 2023.

In our opinion, the summary financial statements are a fair summary of the audited financial statements.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Hospice Peterborough.

The Audited Financial Statements and Our Report Thereon

We expressed a qualified audit opinion on those financial statements in our report dated May 25, 2023. The basis for our qualified audit opinion is based on the fact that we were unable to satisfy ourselves concerning the completeness of certain revenues. Our qualified audit opinion states that, except for the effects of the described matter, those financial statements present fairly, in all material respects, the financial position of Hospice Peterborough as at March 31, 2023, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation of the summary financial statements based on the audited financial statements of Hospice Peterborough for the year ended March 31, 2023.

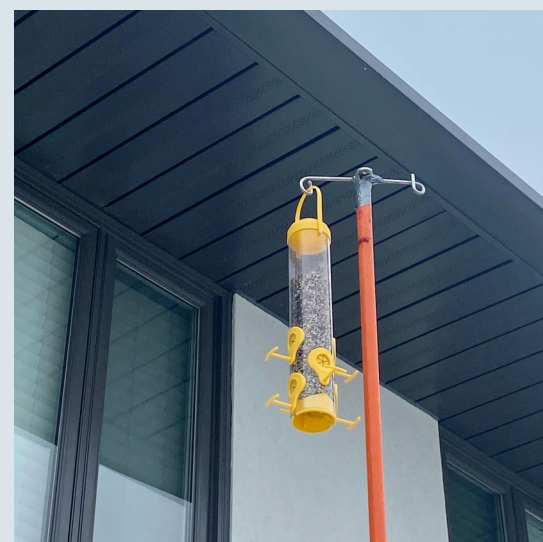
Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

Grant Thornton LLP

Chartered Professional Accountants
Licensed Public Accountants

Peterborough, Canada
May 25, 2023



HOSPICE MOMENTS

Late in the winter one of our residents had a request to see birds outside of her window. Moving her to a different room with a bird feeder view would have been too disruptive, and she was already pretty settled in her current room. So staff got creative, bringing the bird feeder to her.

With some zip ties, duct tape, and a spare IV pole, they fashioned a bird feeder tall enough to reach her room. Now she could enjoy the birds right outside her window!

BOARD OF DIRECTORS & STAFF

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Wil Pialagitis

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HOSPICE
PETERBOROUGH

HOSPICE PETERBOROUGH

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Peterborough, ON K9J 2Z5

705-742-4042

www.hospicepeterborough.org



A SPECIAL THANKS TO OUR MAJOR SUPPORTERS



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